

# Tobacco Cessation Resources

## Insurance

Medicaid/BadgerCare covers the following **without** prior authorization needed:

- Office visits
- Face-to-face individual counseling sessions
- Prescription and over-the-counter medications and quit-smoking aids with a Provider Order

Medicaid/BadgerCare **does not** cover:

- Group therapy
- Telephone or web-based counseling

*Specific HMOs may provide additional services.*

*Complete provider and patient information is available at <https://ctri.wisc.edu/fact-sheets/quit-tobacco-series-fact-sheet-3-medicare-badgercare/>*

**BadgerCare application assistance is available by appointment at the Washburn County Health Department 715-635-4400**

Private Insurance:

- Check with your insurance company to see what coverage they offer

## In-person

Classes:

- Spooner Health – call 715-635-2111 for more information

One-on-one patient counseling program

- Essentia Health Spooner Clinic – call 715-635-2151 for more information
  - Accepts insurance, Medical Assistance, and Self-Pay
- NorthLakes Clinic – call 715-466-2201 for more information
  - Accepts insurance, Medical Assistance, and Sliding Fee

## Phone/Online

Wisconsin Tobacco Quit Line:

- Provides support and 2 week supply of nicotine replacement therapy (gum, lozenges, patches, etc)
- Available to Wisconsin residents **13 and older**
- **Call 800-874-8669 or visit <https://ctri.wisc.edu/quitline/> to register online** – enrollment is also available at the Washburn County Health Department

Become An Ex – Truth Initiative:

- Customized quit plan
- Text message support
- Interactive guides and tools
- Expert advice and tips
- Active online support community
- Visit <https://www.becomeanex.org/> for more information and to register

Text 'DITCH JUUL' to 88709 24/7 for anonymous support – available for teens

**Call the Washburn County Health Department at 715-635-4400 for more information**